

## **JURNAL MENGAJAR DOSEN TAHUN AKADEMIK 2025/2026 GANJIL**

Mata Kuliah : IG065 - Critical Thinking in Nutrition 2  
Dosen Pengampu : Wiji Indah Lestari, S.Gz., M.K.M.  
Program Studi : GIZI  
Sem/Kelas : 5/01  
Jumlah Peserta : 43  
Tipe Pertemuan : Teori

| NO | PERTEMUAN HARI<br>/ TGL JAM                                                                         | DOSEN<br>PENGAMPU KELAS              | MATERI YANG<br>DISAMPAIKAN                                                                                                                          | JUMLAH HADIR<br>MAHASISWA |                |            |
|----|-----------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|----------------|------------|
|    |                                                                                                     |                                      |                                                                                                                                                     | HADIR                     | TIDAK<br>HADIR | %<br>HADIR |
| 1  | Pertemuan Ke-1<br>Selasa, 16<br>September 2025<br>Jam 14:45:00 -<br>16:25:00, Ruang :<br>MAM 101    | Wiji Indah Lestari,<br>S.Gz., M.K.M. | Overview<br>-                                                                                                                                       | 43                        | 0              | 100%       |
| 2  | Pertemuan Ke-2<br>Kamis, 18<br>September 2025<br>Jam 14:45:00 -<br>16:25:00, Ruang :<br>Elearning 1 | Herni Dwi Herawati,<br>S.Gz., M.P.H. | Critical appraisal pada<br>artikel jurnal<br>-                                                                                                      | 43                        | 0              | 100%       |
| 3  | Pertemuan Ke-3<br>Rabu, 17<br>September 2025<br>Jam 07:00:00 -<br>08:40:00, Ruang :<br>Elearning 1  | Dr., dr. EMY<br>HURIYATI, M.Kes.     | Isu mutakhir<br>nutrigenomic dan<br>nutrigenetic<br>-                                                                                               | 42                        | 1              | 97.67%     |
| 4  | Pertemuan Ke-4<br>Senin, 22<br>September 2025<br>Jam 10:30:00 -<br>12:10:00, Ruang :<br>HAR 301     | Dr. VERIANI APRILIA,<br>S.TP., M.Sc. | Isu mutakhir pangan<br>fungsional (1) : zat<br>fitokimia<br>fitokimia: bahan,<br>sumber, efek<br>fungsional                                         | 35                        | 8              | 81.4%      |
| 5  | Pertemuan Ke-5<br>Selasa, 23<br>September 2025<br>Jam 14:45:00 -<br>16:25:00, Ruang :<br>MAM 101    | Dr. VERIANI APRILIA,<br>S.TP., M.Sc. | Isu mutakhir pangan<br>fungsional (2):<br>prebiotik, probiotik,<br>dairy product<br>fermentation<br>Prebiotik, probiotik,<br>postbiotik, fermentasi | 36                        | 7              | 83.72%     |

| NO | PERTEMUAN HARI<br>/ TGL JAM                                                                                                 | DOSEN<br>PENGAMPU KELAS                         | MATERI YANG<br>DISAMPAIKAN                                                                                                                                          | JUMLAH HADIR<br>MAHASISWA |                |            |
|----|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|----------------|------------|
|    |                                                                                                                             |                                                 |                                                                                                                                                                     | HADIR                     | TIDAK<br>HADIR | %<br>HADIR |
| 6  | Pertemuan Ke-6<br>Jumat, 19<br>September 2025<br>Jam 13:00:00 -<br>14:40:00, Ruang :<br>THEATER KH.<br>ABDULLAH<br>MASDUKI  | Fitsyal Febriyadin,<br>S.Gz, M.Gz, CH.,<br>CHt. | Isu mutakhir pangan<br>fungsional (3): peptida<br>protein<br>-                                                                                                      | 33                        | 10             | 76.74%     |
| 7  | Pertemuan Ke-7<br>Senin, 22<br>September 2025<br>Jam 13:00:00 -<br>14:40:00, Ruang :<br>HAR 301                             | Yulinda Kurniasari,<br>S.Gz., M.P.H.            | Diet populer (1) : diet<br>mayo, mediterranea,<br>DASH, diet detoks,<br>Diet Intermittent<br>Fasting<br>-                                                           | 32                        | 11             | 74.42%     |
| 8  | Pertemuan Ke-8<br>Selasa, 23<br>September 2025<br>Jam 16:30:00 -<br>18:10:00, Ruang :<br>MAM 101                            | Siska Ariftiyana,<br>S.Gz., M.K.M.              | Diet Populer (2): Diet<br>ketogenik, diet DEMB,<br>diet OCD, master<br>cleanse, BLW vs<br>traditional feeding,<br>Diet Gluten-Free, Diet<br>Whole30, Diet Zone<br>- | 40                        | 3              | 93.02%     |
| 9  | Pertemuan Ke-9<br>Rabu, 24<br>September 2025<br>Jam 13:00:00 -<br>14:40:00, Ruang :<br>Manhattan Square<br>202              | Dr. VERIANI APRILIA,<br>S.TP., M.Sc.            | Isu nutraceutical dan<br>suplemen<br>Pangan fungsional,<br>nutrasetikal, dan food<br>supplement                                                                     | 32                        | 11             | 74.42%     |
| 10 | Pertemuan Ke-10<br>Rabu, 24<br>September 2025<br>Jam 08:45:00 -<br>10:25:00, Ruang :<br>HAR 301                             | Wiji Indah Lestari,<br>S.Gz., M.K.M.            | Energy drinks dan<br>sport drinks<br>-                                                                                                                              | 32                        | 11             | 74.42%     |
| 11 | Pertemuan Ke-11<br>Rabu, 24<br>September 2025<br>Jam 18:30:00 -<br>20:10:00, Ruang :<br>Elearning 1                         | Dr. Fatma Zuhrotun<br>Nisa, S.Tp., MP.          | Pangan transgenik<br>dan perpektifnya<br>dalam hukum islam<br>-                                                                                                     | 38                        | 5              | 88.37%     |
| 12 | Pertemuan Ke-12<br>Jumat, 26<br>September 2025<br>Jam 10:30:00 -<br>12:10:00, Ruang :<br>THEATER KH.<br>ABDULLAH<br>MASDUKI | Dr. EFFATUL AFIFAH,<br>S.ST., RD., M.P.H.       | Isu mutakhir diet anak<br>autis<br>-                                                                                                                                | 35                        | 8              | 81.4%      |

| NO | PERTEMUAN HARI<br>/ TGL JAM                                                                                               | DOSEN<br>PENGAMPU KELAS                                    | MATERI YANG<br>DISAMPAIKAN                                | JUMLAH HADIR<br>MAHASISWA |                |            |
|----|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|-----------------------------------------------------------|---------------------------|----------------|------------|
|    |                                                                                                                           |                                                            |                                                           | HADIR                     | TIDAK<br>HADIR | %<br>HADIR |
| 13 | Pertemuan Ke-13<br>Kamis, 25<br>September 2025<br>Jam 14:45:00 -<br>16:25:00, Ruang :<br>HAR 301                          | Wiji Indah Lestari,<br>S.Gz., M.K.M.                       | Isu mutakhir obesitas<br>dan produk anti<br>obesitas<br>- | 31                        | 12             | 72.09%     |
| 14 | Pertemuan Ke-14<br>Kamis, 02 Oktober<br>2025<br>Jam 10:30:00 -<br>12:10:00, Ruang :<br>THEATER KH.<br>ABDULLAH<br>MASDUKI | Dr. YHONA<br>PARATMANITYA,<br>S.Gz., Dietisien.,<br>M.P.H. | Isu mutakhir stunting<br>-                                | 32                        | 11             | 74.42%     |

Mengetahui, Ketua Program Studi  
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## REKAP PRESENSI MAHASISWA TAHUN AKADEMIK 2025/2026 GANJIL

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| NO | NIM       | NAMA                      | PERTEMUAN KE |   |   |   |   |   |   |   |   |    |    |    |    |    | Jumlah |
|----|-----------|---------------------------|--------------|---|---|---|---|---|---|---|---|----|----|----|----|----|--------|
|    |           |                           | 1            | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |        |
| 1  | 230401011 | ADEVITA RATRI LARASATI    | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 2  | 230401012 | ADIA SUSANTI              | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 3  | 230401013 | ADIVA PUTRI FIRNANDA      | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 4  | 230401014 | AHMAD TEGUH               | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ |   | ✓ |   |    | ✓  | ✓  | ✓  | ✓  | 11     |
| 5  | 230401015 | AIRRA DEVINA VELSA FREDIA | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  |    | ✓  | 13     |
| 6  | 230401016 | AL ZENNA THALITA SYAHDA   | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |   |    | ✓  | ✓  |    |    | 10     |
| 7  | 230401017 | ALYANTI                   | ✓            | ✓ | ✓ |   |   |   |   |   |   |    | ✓  |    |    |    | 4      |
| 8  | 230401018 | AMANDA PUTRI KHARISMA     | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 9  | 230401019 | ANGGI SURYATAMA YUCHANNA  | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 10 | 230401020 | ANGGREK NINGSIH           | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 11 | 230401021 | ANNISA RATNA AYU          | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 12 | 230401022 | AQILLA NUFUS KUNDWIARTI   | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 13 | 230401023 | ARDA SATRIO YULANDI       | ✓            | ✓ |   |   |   |   |   | ✓ |   |    |    |    |    |    | 3      |
| 14 | 230401024 | ATHA SALSABILA            | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  |    | ✓  | ✓  | 13     |
| 15 | 230401025 | AULIA RAMDANI             | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 16 | 230401026 | AULIARIZQI PUTERI DEWANTI | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  | ✓  | ✓  | ✓  | 14     |
| 17 | 230401027 | AURORA LINTANG SEJATI     | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |    |    | ✓  |    | ✓  | 12     |
| 18 | 230401028 | AZ ZAHARA KHILWA          | ✓            | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓  | ✓  |    | ✓  | ✓  | 13     |

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GIZI

A handwritten signature in black ink, appearing to be 'V. Aprilia', written over a horizontal line.

Dr. Veriani Aprilia, S.TP., M.Sc.  
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