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Open Access Maced J Med Sci. 2022 Jan 02; 10(T8):211-214. 211 Scientific Foundation SPIROSKI, Skopje, Republic of Macedonia Open Access Macedonian Journal of Medical Sciences. 2022 Jan 02; 10(T8):211-214. <https://doi.org/10.3889/oamjms.2022.9496> eISSN: 1857-9655 Category: T8 –"APHNI: Health Improvement Strategies Post Pandemic Covid-19" Section: Physiology Stunting Prevention Program of West Sumbawa Regency Health Office: A Qualitative Study in West Nusa Tenggara, Indonesia ?Samsur Rizal 1 , Sumarni Sumarni 1* , Arif Sabta Aji 2 , Fatma Siti Fatimah 1 , Raden Jaka Sarwadhmana 1 1Department of Hospital Administration, Faculty of Health Science, Alma Ata University, Yogyakarta, Indonesia; 2Department of Public Health, Faculty of Health Science, Alma Ata University, Yogyakarta, Indonesia Abstract BACKGROUND: Indonesia included in of Sustainable Goals Stunting a undernutrition during and since life is by factors. Prevalence of stunting rate in West Nusa Tenggara (NTB) remains high.

AIM: This aimed determine implementing to prevention in Sumbawa's Public Health Office, NTB Province, Indonesia. METHODS: was research using studies the carefully a event, process, group individuals. population this were staff the Sumbawa's health health and women West Regency NTB purposive sampling. The data analysis was thematic analysis with the Colaizzi method. RESULTS: Stunting Programs 2019, were priority that approved the Government and Regional Apparatus Organization outpatient department of KSB, five priority programs for the locus stunting Maluku and recommendation through in and flagship in KSB was the Hearth. Based on local food (Kelor), the implementation of two programs from five priority programs in Village not like parenting and village had success the factors the of of human The of prevalence reduction in KSB in 2018–2020 decreasing from 32.6% to 12.3% in NTB Province. CONCLUSION: launched West Public Office 2019 been and implemented several notes to participation monitoring agencies to the program that has been launched by the

government KSB.

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E-mail: arniag@almaata.ac.id Received : 13-Oct-2021 Revised: 21-Nov-2021 Accepted: 02-Dec-2021 Copyright: © 2022 Samsur Rizal, Sumarni Sumarni, Arif Sabta Aji, Fatma Siti Fatimah, Raden Jaka Sarwadhamana Funding: This research did not receive any financial support Competing Interests: The authors have declared that no competing interests exist Open Access: This is an open-access article distributed under the terms of the Creative Commons Attribution- NonCommercial 4.0 International License (CC BY-NC 4.0) Introduction Stunting a undernutrition during and since life. situation represented the of based on age (TB/U) <-2 standard deviations based on growth standards. can diagnosed the anthropometric of according the which reflects linear growth.

Stunting can be diagnosed pre post with indications long-term malnutrition, from nutrition Indonesia is one of the countries experiencing a double nutritional burden. Although there has been a decline in the prevalence of stunting from 37.2% in 2013 to 30.8% in this is high. the of which relatively the certainly does not stand still and must move quickly [2]. The of of Republic Indonesia the rate to in to to level 28% the of 2019. prevalence stunting five 2019 decreased to from to with out 100 experiencing The prevalence stunting five Indonesia still high when compared to other middle-income countries.

At present, the government has mapped 160 regencies or targeting program, has higher stunting rate [3]. National stunting prevalence reduction target of 19% by 2024 [4]. The stunting rate of West Nusa Tenggara (NTB) Province still the figure 29.6%. The of tengkes stunting to malnutrition NTB still the rate in NTB is 33%. This figure means that one in three children five NTB short stature the age to malnutrition. has developed strategies a of stunting programs, increasing resources, the of improving nutrition and nutrition interventions public center Integrated Healthcare Center [3].

West Regency Nutritional Status Toddlers, classification nutritional status stunting very 5.49%, 212 <https://oamjms.eu/index.php/mjms/index> short Addressing problem stunting a common the strategy short children to the and of micronutrients in the diet

by increasing the consumption of foods of energy intake KSB one the in that a reflective of prevalence The prevalence rate of stunting reduction was achieved with cooperation many including the government, health health and Integrated Healthcare Center Cadres [5]. Methods This of is research with research using studies researchers carefully assess a program, event, activity, process, group individuals.

research methods research at objects with conditions, the is key data techniques carried out data inductive analysis qualitative research results emphasizes meaning rather than [6]. research uses case where type research carefully investigates a program, event, activity, process, or group of individuals [7]. The number of samples was four until reached data point saturation. proportional method was chosen to avoid bias from respondents who did not meet the criteria [8]. Results Table showed the Prevalence status 2013-2019 Indonesia. latest prevalence 2013 37.2%. this prevalence decreasing to in with 27.7%.

West Health Program in with events KSB 2019 Sumbawa Health Office in 2019 is generally prioritized in the area on action for of reduction Together the OPD, 11 programs been between as follows: TTD, Vit Programs, for giving iron tablets to young women, activating BKB. Together the OPD, priority programs been between as ANC, TTD, and Vit A Programs, campaign for giving iron tablets to young women, activating BKB. Increasing the coverage postpartum services, parenting equitable assistance families of 1000 HPK poor groups, increasing Integrated Health visits, class for pregnant equitable assistance poor groups toddlers, Program, of village funds for stunting prevention and reduction. The five programs for Maluku Health in Stunting are Village, District a prevalence 22.95% 2018 follows: Integrated Health visits, pregnant participation pregnant classes, parenting classes, and activate BKB.

Mantun Made Equitable Assistance especially the with under years children. Ten activities preventing reducing allocated the Village of Village as PMT Recovery, of and Health Observer groups, Nutrition Demo for Pregnant Women, Monitoring of TTD drinking, Class for Pregnant Women. Classes for Mothers of Toddlers, Hearth for Babies and Toddlers the of food, counseling Integrated Center, Integrated Healthcare Cadres, Formation standby village The in the Government issued policy the of Regent and Regent which followed in the Level Management Team the Service Public Health Center as well as Village Midwives and Integrated Healthcare Cadres, strategies the following: With Stakeholders (Regency Government, Health District, Government Stunting Locus, Midwife, Healthcare Cadre, Target beneficiaries the Community Center village create groups WhatsApp in and Moreover, invitations H-1 activities program or and Health has flagship namely, local nutrition in strategy attract public interest in stunting awareness.

Discussion Benefits implementing stunting prevention in Sumbawa the Government West received award as most district reducing prevalence in Province. Health is felt other Public center, community beneficiaries of the program and has excellent programs in prevention. Maluk Center Mantun (stunting felt benefits Maluk [Open Access Maced J Med Sci. 2022 Jan 02; 10\(T8\):211-214.](#) 213 Health Center UPTD being the focus in handling stunting problems on program knowing and priorities stunting prevention, public health center personnel became closer and aware of [the importance of stunting prevention](#) [9].

For Village the Locus: Village and Healthcare Cadres more on stunting problems on program that been Village and Healthcare Cadres the and program in prevention, Midwives, and beneficiaries closeness common in handling stunting For community, [knowledge related to stunting is not common both in understanding stunting](#) the of prevention programs pregnant and children increasing awareness the of stunting programs, midwives, Integrated Center feeling difference before in stunting programs of many programs have the community in knowing programs be from government are the of beneficiaries previously people not know these prevention existed. In able assess implementation stunting prevention provided the to both and of prevention programs in KSB [11].

Human (HR) in Stunting Program on Apparatus based the of West Sumbawa Regent Number 20 of 2019 concerning the of Team the of Prevention Reduction Stunting KSB 2019 HR from OPD of Sumbawa Regency Government West which is directly fostered by the Regent of West Sumbawa. Human Resources (HR) based educational backgrounds the Government as President, Governor, and Government, Disciplines public sciences, of nutrition Disciplines Midwifery, Administration and Increasing Integrated Health Center Cadres [12]. Integrated Reduction is collaboration OPD KSB supports implementation West District Office prevention in 2019.

Sumbawa District Service program found that the of program the Health and Locus including the West District Policies in the form of Regent's Decree and Regulations Regent related to stunting program, Integrated Stunting Reduction Cooperation OPD KSB. Government Through Community Center as and for implementation, midwives cadres well village increasing Health Cadres spearheads program and support the Sumbawa government and funds Obstacles the implementation the prevention at West District Office 2019 include: factors the of majority immigrants often not participation participating the discipline in process, following program.

the shortage of human resources who are aware of stunting is still lacking and many human resources are no longer living Mantun as stunting so program targets are always

changing [9]. Exclusive is the factor to in Optimal complementary practice also the focus intervention. in status since preconception during pregnancy and economy may stunting problem in children [13]. Conclusion The of stunting program KSB constrained problems. implementation the prevention in is problems the of participation the in field the both women toddlers, as as lack cooperation community discipline the of program from government.

prevention have that felt by beneficiary communities where the community, especially pregnant women toddlers know problem stunting, are of dangers threaten so they the before after program that know are to the stunting program feel targets beneficiaries.

Table 1 : Stunting prevalence 2013–2019 in Indonesia Year Prevalence (%) 2013 37.20
2014 28.90 2015 29.00 2016 27.50 2017 29.60 2018 30.80 2019 27.70

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https://www.researchgate.net/figure/Multivariate-analysis-of-factors-associated-with-stunting_tbl1_321364538