

### SURAT KETERANGAN

Nomor : 04/B/Sket/Fikes/UAA/I/2025

Yang bertandatangan dibawah ini :

Nama : Dr. Yhona Paratmanitya, S.Gz., Dietisien, MPH  
NIK : 0501078501  
Jabatan : Dekan Fakultas Ilmu-Ilmu Kesehatan  
Instansi : Universitas Alma Ata



Dengan ini menerangkan bahwa Dosen di Lingkungan Program Studi S1 Gizi telah melaksanakan Tri Dharma Pengajaran pada Semester Ganjil Tahun Ajaran 2024/2025, yang terlampir dalam rekapitulasi beban mengajar dosen.

Demikian surat keterangan ini dibuat untuk digunakan sebagaimana mestinya.

Yogyakarta, 21 Februari 2025

Mengetahui,

Dekan Fakultas Ilmu-Ilmu Kesehatan  
Universitas Alma Ata Yogyakarta



Dr. Yhona Paratmanitya, S.Gz., Dietisien., MPH

## Lampiran

NO	NAMA DOSEN	NIDN	KEGIATAN	SKS BKD
1	Dr. Yhona Paratmanitya, RD, MPH	0501078501	Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125
			Current Issues in Nutrition/Kelas 1 (3 sks)	1.3125
			Advance in nutritional status/Kelas 1 (1 sks)	0.875
			Research Method in Public Health/Kelas 1 (2 sks)	0.25
			Maternal and Child Health - Nutrition (MCH-N)/Kelas 1 (2	0.375
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.375
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.125
			Critical Thinking in Nutrition 2/Kelas 3 (2 sks)	0.125
			Principle of Nutrition/Kelas 2 (6 sks)	0.75
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.375
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.375
			Critical Thinking in Nutrition 2/Kelas 2 (2 sks)	0.125
			Principle of Nutrition/Kelas 1 (6 sks)	0.75
2	Dr. Veriani Aprilia, M.Sc	0530048301	Nutraceutical/Kelas 1 (3 sks)	0.5625
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.625
			Critical Thinking in Nutrition 2/Kelas 3 (2 sks)	0.125
			Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.625
			Critical Thinking in Nutrition 2/Kelas 2 (2 sks)	0.125
			Entrepreneurs in Midwifery/Kelas 1 (3 sks)	0.5625
			Principle of Nutrition/Kelas 1 (6 sks)	0.375
			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	1.125
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.625
			Introduction to Food and Nutrition Science/Kelas 2 (6 sks)	1.125
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.125
			Principle of Nutrition/Kelas 2 (6 sks)	0.375
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.625
			3	Hastrin Hositanisita, S.Gz., M.Sc
Principle of Nutrition/Kelas 2 (6 sks)	0.375			
Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25			
Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.25			
Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.25			
Food Service Management Placement/Kelas 1 (4 sks)	0.5			
Food Service Management Placement/Kelas 2 (4 sks)	0.5			
Food Service Management Placement/Kelas 3 (4 sks)	0.5			
Clinical Placement/Kelas 2 (4 sks)	0.5			
Clinical Placement/Kelas 3 (4 sks)	0.5			
Clinical Placement/Kelas 1 (4 sks)	0.5			
Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.3125			
Food Service Management/Kelas 2 (6 sks)	0.75			
Key Skill for Nutrition and Dietetics/Kelas 2 (4 sks)	0.5			
Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.625			
Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.3125			
Key Skill for Nutrition and Dietetics/Kelas 1 (4 sks)	0.5			
Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125			
Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.625			
Food Service Management/Kelas 1 (6 sks)	0.75			
Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125			
Principles of human nutrition/Kelas 1 (2 sks)	0.875			
Seminar in Advance Public Health/Kelas 1 (2 sks)	0.25			
4	Herni Dwi Herawati, S.Gz., MPH	0510038604	Weight Management/Kelas 3 (3 sks)	0.5625
			Public Health Placement/Kelas 3 (4 sks)	1.25
			Clinical Placement/Kelas 3 (4 sks)	0.5
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.25
			Clinical Placement/Kelas 1 (4 sks)	0.5
			Public Health Placement/Kelas 2 (4 sks)	1.25
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.375
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.625
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125
			Food Service Management/Kelas 1 (6 sks)	1.125
			Key Skill for Nutrition and Dietetics/Kelas 1 (4 sks)	0.25
			Food Service Management/Kelas 2 (6 sks)	1.125
			Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.3125
			Critical Thinking in Nutrition 2/Kelas 3 (2 sks)	0.375
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.625
			Nutrient and Drug Interactions/Kelas 1 (4 sks)	0.5
			Maternal and Child Health - Nutrition (MCH-N)/Kelas 1 (2	0.375
			Principle of Nutrition/Kelas 1 (6 sks)	0.375

			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	0.75
			Nutrient and Drug Interactions/Kelas 3 (4 sks)	0.5
			Critical Thinking in Nutrition 2/Kelas 2 (2 sks)	0.375
			Principle of Nutrition/Kelas 2 (6 sks)	0.375
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.3125
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.25
			Introduction to Food and Nutrition Science/Kelas 2 (6 sks)	0.75
			Nutrient and Drug Interactions/Kelas 2 (4 sks)	0.5
			Food Service Management Placement/Kelas 2 (4 sks)	0.5
			Food Service Management Placement/Kelas 1 (4 sks)	0.5
			Food Service Management Placement/Kelas 3 (4 sks)	0.5
			Public Health Placement/Kelas 1 (4 sks)	1.25
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125
5	Herwinda Kusuma Rahayu, S.Gz., MPH	0526129401	Principle of Nutrition/Kelas 2 (6 sks)	0.75
			Principle of Nutrition/Kelas 1 (6 sks)	0.75
			Medical and Surgical Nursing: neuron, musculoskeletal,	0.375
			Introduction to Food and Nutrition Science/Kelas 2 (6 sks)	0.375
			Geriatric Nutrition & NCD's/Kelas 3 (4 sks)	1
			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	0.375
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.125
			Clinical Placement/Kelas 2 (4 sks)	0.5
			Clinical Placement/Kelas 3 (4 sks)	0.5
			Clinical Placement/Kelas 1 (4 sks)	0.5
			Food Service Management Placement/Kelas 2 (4 sks)	0.25
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25
			Food Service Management Placement/Kelas 1 (4 sks)	0.25
			Medical and Surgical Nursing: neuron, musculoskeletal,	0.375
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.125
			Food Service Management Placement/Kelas 3 (4 sks)	0.25
			Food Service Management/Kelas 2 (6 sks)	0.75
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.3125
			Food Service Management/Kelas 1 (6 sks)	0.75
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.9375
			Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.9375
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.3125
			Maternal and Child Health - Nutrition (MCH-N)/Kelas 1 (2	0.5
			Medical and Surgical Nursing: neuron, musculoskeletal,	0.375
6	Lisana Shidiq Aliya, S.Gz., M.Sc	3462768669231082	Kealmaataan: Ubudiyah dan Praktik Ibadah/Kelas 2 (2 sks)	0.875
			Kealmaataan: Ubudiyah dan Praktik Ibadah/Kelas 1 (2 sks)	0.875
			Bioscience I/Kelas 2 (4 sks)	0.75
			Bioscience I/Kelas 1 (4 sks)	0.75
			Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.625
			Nutrient and Drug Interactions/Kelas 2 (4 sks)	0.5
			Principle of Nutrition/Kelas 2 (6 sks)	0.75
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.25
			Key Skill for Nutrition and Dietetics/Kelas 2 (4 sks)	0.5
			Key Skill for Nutrition and Dietetics/Kelas 1 (4 sks)	0.5
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.625
			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	1.125
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.625
			Food Service Management/Kelas 2 (6 sks)	0.75
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25
			Food Service Management/Kelas 1 (6 sks)	0.75
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.625
			Nutrient and Drug Interactions/Kelas 1 (4 sks)	0.5
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.25
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.25
			Introduction to Food and Nutrition Science/Kelas 2 (6 sks)	1.125
			Principle of Nutrition/Kelas 1 (6 sks)	0.75
			Nutrient and Drug Interactions/Kelas 3 (4 sks)	0.5
			Geriatric Nutrition & NCD's/Kelas 3 (4 sks)	3.5
			Proposal/Kelas 1 (2 sks)	0.875
			Clinical Placement/Kelas 1 (4 sks)	0.5
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125
			Public Health Placement/Kelas 2 (4 sks)	1
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125
			Public Health Placement/Kelas 1 (4 sks)	1

			Food Service Management Placement/Kelas 3 (4 sks)	0.25
			Proposal/Kelas 2 (2 sks)	0.875
			Food Service Management Placement/Kelas 2 (4 sks)	0.25
			Food Service Management Placement/Kelas 1 (4 sks)	0.25
			Principles of human nutrition/Kelas 1 (2 sks)	0.5
			Current Issues in Nutrition/Kelas 1 (3 sks)	1.3125
			Public Health Placement/Kelas 3 (4 sks)	1
			Clinical Placement/Kelas 2 (4 sks)	0.5
			Clinical Placement/Kelas 3 (4 sks)	0.5
			Proposal/Kelas 3 (2 sks)	0.875
7	Pramitha Sari, M.H.Kes	0504058502	Clinical Placement/Kelas 3 (4 sks)	0.75
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.25
			Weight Management/Kelas 3 (3 sks)	0.75
			Food Service Management Placement/Kelas 3 (4 sks)	0.5
			Food Service Management Placement/Kelas 2 (4 sks)	0.5
			Food Service Management Placement/Kelas 1 (4 sks)	0.5
			Clinical Placement/Kelas 2 (4 sks)	0.75
			Clinical Placement/Kelas 1 (4 sks)	0.75
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.25
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25
			Food Service Management/Kelas 1 (6 sks)	0.75
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.9375
			Key Skill for Nutrition and Dietetics/Kelas 2 (4 sks)	0.5
			Key Skill for Nutrition and Dietetics/Kelas 1 (4 sks)	0.5
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.9375
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.625
			Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.3125
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.3125
			Food Service Management/Kelas 2 (6 sks)	0.75
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.625
8	Siska Ariftiyana, S.Gz., MKM	0509079401	Principle of Nutrition/Kelas 2 (6 sks)	0.375
			Principle of Nutrition/Kelas 1 (6 sks)	0.375
			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	0.75
			Food Service Management Placement/Kelas 2 (4 sks)	0.25
			Food Service Management Placement/Kelas 3 (4 sks)	0.25
			Weight Management/Kelas 3 (3 sks)	0.75
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.125
			Clinical Placement/Kelas 3 (4 sks)	0.5
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.125
			PANCASILA/Kelas 2 (2 sks)	1.75
			Clinical Placement/Kelas 2 (4 sks)	0.5
			Food Service Management Placement/Kelas 1 (4 sks)	0.25
			Clinical Placement/Kelas 1 (4 sks)	0.5
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.125
			PANCASILA/Kelas 1 (2 sks)	1.75
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.3125
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.625
			Nutrient and Drug Interactions/Kelas 3 (4 sks)	0.5
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.625
			Nutrient and Drug Interactions/Kelas 1 (4 sks)	0.5
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.3125
			Nutrient and Drug Interactions/Kelas 2 (4 sks)	0.5
9	Yulinda Kurniasari, S.Gz., MPH	0521078901	Medical and Surgical Nursing: urogenital, digestive, endocrine,	0.75
			Food Service Management Placement/Kelas 1 (4 sks)	0.5
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.25
			Food Service Management Placement/Kelas 3 (4 sks)	0.5
			Weight Management/Kelas 3 (3 sks)	0.5625
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25
			KEWIRAUSAHAAN/Kelas 1 (3 sks)	0.375
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.25
			Food Service Management Placement/Kelas 2 (4 sks)	0.5
			Medical and Surgical Nursing: urogenital, digestive, endocrine,	0.75
			Nutrient and Drug Interactions/Kelas 3 (4 sks)	0.5
			Nutrient and Drug Interactions/Kelas 1 (4 sks)	0.5
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.25
			Food Safety and Nutrition Security 1/Kelas 2 (5 sks)	0.625
			Food Safety and Nutrition Security 1/Kelas 1 (5 sks)	0.625
			Key Skill for Nutrition and Dietetics/Kelas 1 (4 sks)	0.75
			Nutrient and Drug Interactions/Kelas 2 (4 sks)	0.5

			Food Service Management/Kelas 2 (6 sks)	1.125
			Critical Thinking in Nutrition 2/Kelas 2 (2 sks)	0.25
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125
			Key Skill for Nutrition and Dietetics/Kelas 2 (4 sks)	0.75
			Food Service Management/Kelas 1 (6 sks)	1.125
			Critical Thinking in Nutrition 2/Kelas 3 (2 sks)	0.25
			Medical and Surgical Nursing: urogenital, digestive, endocrine,	0.375
10	Winda Irwanti, S.Gz., MPH	504118601	Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.31 sks
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.13 sks
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.13 sks
			Food Service Management/Kelas 1 (6 sks)	0.75 sks
			Principle of Nutrition/Kelas 2 (6 sks)	0.38 sks
			Principle of Nutrition/Kelas 1 (6 sks)	0.38 sks
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.31 sks
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.13 sks
			Food Service Management/Kelas 2 (6 sks)	0.75 sks
			Introduction to Food and Nutrition Science/Kelas 2 (6 sks)	1.13 sks
			Applied Research Method in Nutrition 1/Kelas 3 (4 sks)	2.75 sks
			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	1.13 sks
11	Wiji Indah Lestari, S.Gz., MKM	6037773674230323	Principle of Nutrition/Kelas 1 (6 sks)	0.75
			Principle of Nutrition/Kelas 2 (6 sks)	0.75
			Critical Thinking in Nutrition 2/Kelas 2 (2 sks)	0.375
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.375
			Food Service Management/Kelas 1 (6 sks)	0.375
			Critical Thinking in Nutrition 2/Kelas 3 (2 sks)	0.375
			Introduction to Food and Nutrition Science/Kelas 1 (6 sks)	0.375
			Introduction to Food and Nutrition Science/Kelas 2 (6 sks)	0.375
			Food Service Management/Kelas 2 (6 sks)	0.375
12	Dr. Effatul Afifah, MPH	0529127701	Principle of Nutrition/Kelas 1 (6 sks)	0.375
			Principle of Nutrition/Kelas 2 (6 sks)	0.375
			Clinical Placement/Kelas 1 (4 sks)	0.5
			Food Service Management Placement/Kelas 2 (4 sks)	0.5
			Clinical Placement/Kelas 3 (4 sks)	0.5
			Food Service Management Placement/Kelas 3 (4 sks)	0.5
			Critical Thinking in Nutrition I/Kelas 3 (2 sks)	0.25
			Critical Thinking in Nutrition I/Kelas 2 (2 sks)	0.25
			Critical Thinking in Nutrition I/Kelas 1 (2 sks)	0.25
			Clinical Placement/Kelas 2 (4 sks)	0.5
			Food Service Management Placement/Kelas 1 (4 sks)	0.5
			Critical Thinking in Nutrition 2/Kelas 3 (2 sks)	0.25
			Clinical Nutrition and Dietetics 1/Kelas 1 (5 sks)	0.3125
			Food Safety and Nutrition Security 2/Kelas 1 (5 sks)	0.625
			Food Safety and Nutrition Security 2/Kelas 2 (5 sks)	0.625
			Key Skill for Nutrition and Dietetics/Kelas 1 (4 sks)	0.5
			Critical Thinking in Nutrition 2/Kelas 2 (2 sks)	0.25
			Clinical Nutrition and Dietetics 1/Kelas 2 (5 sks)	0.3125
			Nutrient and Drug Interactions/Kelas 2 (4 sks)	0.5
			Nutrient and Drug Interactions/Kelas 1 (4 sks)	0.5
			Key Skill for Nutrition and Dietetics/Kelas 2 (4 sks)	0.5
			Nutrient and Drug Interactions/Kelas 3 (4 sks)	0.5
			Critical Thinking in Nutrition 2/Kelas 1 (2 sks)	0.25
			Health Promotion Practice/Kelas 1 (2 sks)	0.25
			Principles of human nutrition/Kelas 1 (2 sks)	0.125
			Program Planning for Health Behavior Change/Kelas 1 (1 sks)	0.4375
			Seminar in Advance Public Health/Kelas 1 (2 sks)	0.375
			Nutrition and Tourism/Kelas 1 (2 sks)	0.375
			Food Service Management/Kelas 2 (6 sks)	1.125
			Food Service Management/Kelas 1 (6 sks)	1.125